

Chelmsford Triathlon Club Code of Conduct – Junior Members

Chelmsford Triathlon Club is fully committed to safeguarding and promoting the wellbeing of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect, encouraged to be open at all times, and to share any concerns or complaints that they may have about any aspect of the club with Nicola Murphy – Welfare Officer.

Any discriminatory, offensive and violent behaviour is unacceptable and complaints will be acted upon in accordance with our Safeguarding and Protecting Children Policy.

Junior Members

We expect high standards of sportsmanship and behaviour from our junior members at all times.

- Arrive for training in good time.
- Organise yourself properly before you come to training, making sure you always have the correct kit and equipment and have eaten and drunk sensibly before the activity.
- Junior members are not permitted to smoke on club premises or, if under 16, whilst representing the club.
- Junior members are not permitted to consume illegal substances of any kind on club training premises or whilst representing the club.
- Junior members are not permitted to consume alcohol on club training premises or whilst representing the club unless the circumstances deem it to be legal under British Law and the parent or carer is present.
- Always follow your coach's instructions fully for warming up and cooling down.
- Tell your coach at the beginning of the session if you are unwell or if you have an injury.
- Learn and play by the rules.
- Listen carefully to what you are told to do and do as you are told.
- Remember to thank the adults who have helped you after each session.
- Do not argue or be rude or cheeky to your coaches or officials.
- Be a good sport at all times – win with modesty and lose with dignity.
- Treat others around you with respect at all times. Treat them as you like to be treated. ☺
- Take care of your club facilities and the environment. e.g. Use the litter bins provided, leave your belongings safely and tidily.
- Never walk off the premises onto the street from a coaching session or match unless you are with the person who is taking you home.
- Make sure you have fun and enjoy yourself. You should participate because you enjoy it, not for your parents or your coaches.
- Respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background, religious beliefs or sexuality
- Use correct and appropriate language at all times.
- Compete within the rules and respect officials and their decisions
- Be polite and respect other competitors
- Listen to what coaches and race officials ask you to do
- Be ambassadors for the club at competitions and events and maintain the club's excellent public reputation