

Chelmsford Triathlon Club

CODE OF CONDUCT FOR PARENTS/CARERS

We urge parents/carers at all times to remember that young people should participate in sport and as part of the club because they enjoy it and want to be part of the club.

It is really important that the following code is adhered to if we are to build a happy club that is built on mutual respect and regard for each other.

Parents/carers should:

- Work with your child's coaches and managers to build positive and friendly relationships, remembering that they are generally volunteering to give up their own free time for the benefit of the children.
- If concerned or aggrieved in any way about a coach or volunteers' methods or decisions, try to approach them calmly at a time which is convenient to you both to discuss the matter.
- Teach your child to be a good sports person by your own example e.g. applaud all young peoples' achievements, including your child's team mates and the opposition.
- Teach your child to win with modesty and lose with dignity.
- Respect the coaches and volunteers. Thank the coaches and volunteers and your child will learn to do the same.
- Praise and encourage your child as much as possible, all of us do better when people say positive things to us. Parents/carers should not:
 - Shout criticisms or coach from the sidelines. It upsets and confuses children and you are there as a parent/carer, not a coach.
 - Tolerate rude, aggressive or unsporting behaviour from your child. When you are home, talk to her/him seriously about it, stressing how they should behave and the standards the club expects.
 - Let your child come to training unprepared, hungry or in poor health. Always make sure that they have everything that they need – help them learn to organise and take care of their own things.
 - Put unreasonable expectations or pressures on your child. Remember they should participate because they want to – not because you want them to.
 - Let your child misuse or cause damage to any of the club's property, equipment or grounds e.g. climbing on goals, fences, litter bins, trees.
 - Let your child wear inappropriate clothing or footwear.
 - Ensure your child(ren) is/ are escorted to/ from training.